MENS MATTERS

LIVING LONGER LIVING BETTER

HEALTH & WELLBEING SHOW FOR OLDER MEN

(and all those who support them)



Wednesday
19th March 2025
1:30pm to 4:30pm

Maidenhead Library
St Ives Rd,
Maidenhead SL6 1QU

FREE ADMISSION

www.mensmatters.org

25 Exhibitors showcasing products and services for men in later life.