Age UK Berkshire - What's on guide
Royal Borough of Windsor & Maidenhead area

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	What	Time & date	Where	Details
MON	Coffee Morning	10am-12.30pm Every week	Champney Hall, Horton, SL3 9PA	Free. Call 01784 482515 or just come along and join us
	Men's Matters - a free drop-in for men over 50	2-4pm Every week	All Saints Church, Dedworth Lane, Windsor,	Call 07827 642504 or just drop in
TUE	Happiness Hub Drop-on meeting	10am-12pm 5th Aug	The Sun Cafe, 17-19 High St, Sunninghill, SL5 9NG	Free. Call 01344 233290 or just come along and join us
	Pubs n Pastries - An older people's social event from Age UK Berkshire	11am-12pm 5th Aug	Fox and Castle, 21 Burfield Road, Old Windsor, SL4 2RB	Free, no need to book, call 07585 793069 for more info
	Carers Meeting for unpaid carers	2-3.30pm 26th Aug	Merlewood Care Home, Hollow Lane, Virginia Water, GU25 4LR	Free, call 01344 845314 for info
	Chatty Cafe - Hosted by Age UK Berkshire	11am-12pm 19th Aug	Bisham Abbey, Marlow Road, Bisham, SL7 1RR	Free to join, more info: 07585 793069
	Singing for the Brain with the Alzheimer's Society	10.30am-12pm 12th Aug	Mountbatten Grange, Helston Lane, Windsor, SL4 5GG	Free, just turn up. More info: 01753 336350
	Let's Connect Wellbeing Network	10.30-11.30am 5th & 19th Aug	Woody's Cafe, Dedworth Lane, Windsor, SL4 5AY	Call 0300 365 4440 or just pop in
	Coffee & Cake Club	2-4pm 26th Aug	Dormy House, Ridgemount Road, Sunningdale, SL5 9RL	Email lhockley@ariacare.co.uk
	Community Dementia Cafe & meet Age UK Berkshire	11am-12.30pm 12th Aug	The Royal Foresters, London Road, Ascot, SL5 8DR	Free. Different theme each month More info: 07585 793069

Please see page 2 for events on Wednesdays, Thursdays, Fridays, Saturdays & Sundays

Tel: 0118 959 4242 | Email: info@ageukberkshire.org.uk | Web: ageukberkshire.org.uk

All activities are delivered by trained, experienced DBS-checked staff from Age UK Berkshire & trusted partners

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	What	Time & date	Where	Details
WEDS	Drop-in Dementia Group for all diverse communities with Optalis	10.30-11.30am 6th Aug	Boyn Grove Library, Courthouse Road, Maidenhead, SL6 6JE	Free to join More info: 01628 683715
	Coffee Morning	10am-12.30pm Every week	Wraysbury Community Hub, The Hub, High Street, Wraysbury, TW19 5DB	Free to join More info: 01784 482515
	Wellbeing Wednesday	12-2pm 27th Aug	Datchet Baptist Church, 62 London Rd, Datchet, SL3 9JR	Free to join. More info, email: office@datchetbaptist.org.uk
	Dementia Cafe for older people	10.30am-12pm 27th Aug	Mountbatten Grange, Helston Lane, Windsor, SL4 5GG	Free. Call 01753 336350 for more info
	Seniors Social	2-4pm Every week	St Marks Methodist Church, St Marks Crescent, Maidenhead, SL6 5BQ	£5 per attendee, call 01628 200068 for more info
	Carers Cafe (for carers, runs at same time as Seniors Social)	2.30-4pm 20th Aug	St Mark's Methodist Church, St Mark's Crescent, Allenby Rd, SL6 5BQ	Call 01628 200068
	Community Lunch	11am-1pm Every week	Ascot Life Centre, New Road, Ascot, SL5 8PX	Find out more, email: community@ascotlife.church
	Let's Connect Wellbeing Network	1-2pm Every week	Bardo Lounge, High Street, Maidenhead, SL6 1QJ	More info call: 0300 365 4440 Just drop in
	Men's Matters: A free drop in for men over 50	2-4pm Every week	Maidenhead Community Centre, 4 Marlow Road, Maidenhead, SL6 4YR	Call 07923 494744 for more info
	Living Well with Dementia - A new practical & emotional support group for 10 weeks	11am-12.30pm Every week	Cox Green Community Centre, 51 Highfield Lane, Cox Green, SL6 3AX	More info: 0118 904 7300 or email wamcht.adminteam@berkshire.nhs.uk
THUR	Drop-in Dementia Group for carers and their cared for people with Optalis	10.30-11.30am 7th Aug	Boyn Grove Library, Courthouse Road, Maidenhead, SL6 6JE	Free to join More info: 01628 683715
	Lunch Club	12.45-2.15pm Every week	Wraysbury Village Hall, The Green, Wraysbury, TW19 5NA	£7.50 per head. Transport to club can be arranged or meal delivered to you. Call 01784 482515
	Talkin' Tables - join us for a chat	10.30-11.30am Every Thursday	Shopmobility Office, 41 Broadway Mall, The Nicholsons Centre, Maidenhead, SL6 1LL	Free to join. Call 07514 771536 for more info
	Companion Cafe Come along for a chat	10.30am-12pm 28th Aug	Mountbatten Grange, Helston Lane,	30 mins free. Booking essential. Call 01753 980059 or email natasha.elder@parfittcresswell.com
SUN	Teatime for the Soul followed by afternoon tea	3-4pm 3rd Aug	Windsor Methodist Church, Alma Road, Windsor, SL4 3HH	Call 07535 511421 for more info
	Teatime for the Soul followed by afternoon tea	3-4pm 17th Aug	Cookham Methodist Church, 1 Lower Road, Cookham, SL6 9HJ	Call 07535 511421 for more info