Age UK Berkshire What's On Guide
JANUARY 2026



Berkshire age UK
Let's change how we age

Royal Borough of Windsor & Maidenhead area - Page 1 of 2

	What	Time & date	Where	Details
MON	Coffee Morning	10am-12.30pm Every week	Champney Hall, Horton, SL3 9PA	Free. Call 01784 482515 or just come along and join us
	Men's Matters - a free drop-in for men over 50	2-4pm Every week	All Saints Church, Dedworth Lane, Windsor,	Call 07827 642504 or just drop in
	Foodshare Social Event	2-3.30pm Every week	Maidenhead Foodshare, 9 Reform Road, Maidenhead, SL6 8BY	Free. Come along for tea, cake and conversation!
TUE	Happiness Hub Drop-in meeting	10am-12pm 13th Jan	The Sun Cafe, 17-19 High St, Sunninghill, SL5 9NG	Free. Call 01344 233290 or just come along and join us
	Pubs n Pastries with Age UK Berkshire	11am-12pm 6th Jan	Fox and Castle, 21 Burfield Road, Old Windsor, SL4 2RB	Free, no need to book, call 07585 793069 for more info
	Social Lunches For carers and cared for	11.30am-1pm 20th Jan	Age Concern Windsor, Spencer Denney Centre, Park Corner, Windsor, SL4 4EB	01753 860685 to book. £10 per head
	Talkin' Tables - good tea and company	10.30-11.30am Every Tues	Maidenhead Library, St Ives Rd, Maidenhead, SL6 1QU	Run by the Rotary Club. Just turn up!
	Afternoon Tea For carers and cared for	1-3pm 13th & 27th Jan	Age Concern Windsor, Spencer Denney Centre, Park Corner, Windsor, SL4 4EB	01753 860685 to book. £7 per head
	Chatty Cafe - Hosted by Age UK Berkshire	11am-12pm 20th Jan	Bisham Abbey, Marlow Road, Bisham, SL7 1RR	Free to join, more info: 07585 793069
	Singing for the Brain with the Alzheimer's Society	10.30am-12pm 13th Jan	Mountbatten Grange, Helston Lane, Windsor, SL4 5GG	Free, just turn up. More info: 01753 336350
	Let's Connect Wellbeing Network	10.30-11.30am 6th & 20th Jan	Woody's Cafe, Dedworth Lane, Windsor, SL4 5AY	Call 0300 365 4440 or just pop in
	Activity Cafe - A safe place in Windsor for socialising	9.30am-12.30pm Every week	Age Concern Windsor, Spencer Denney Centre, Park Corner, Windsor, SL4 4EB	Call 01753 860685 for more info
	Community Dementia Cafe & meet Age UK Berkshire	11am-12.30pm 13th Jan	The Royal Foresters, London Road, Ascot, SL5 8DR	Free. Different theme each month More info: 07585 793069
WEDS	Optalis Drop-In Dementia Group for all diverse communities	10.30-11.30am 7th Jan	Boyn Grove Library, 11 Courthouse Road, Maidenhead, SL6 6JE	Free! Call 01628 683715 for info
	Ascot Memory Group	11am-12.30pm 21st Jan	St Michael's Church Hall, Church Lane, Sunninghill, SL5 7DD	Free to attend
	Coffee Morning for local residents	10am-12.30pm Every Weds	Wraysbury Community Hub, High Street, Wraysbury, TW19 5DB	Free! Call 01784 482515 for info
	Let's Connect Wellbeing Network	1-2pm Every Weds	Bardo Lounge, High Street, Maidenhead, SL6 1QJ	Just turn up. Info: 0300 365 4440
	Mens' Matters - a free drop-in for older men	2-4pm Every Weds	Maidenhead Community Centre, 4 Marlow Rd, Maidenhead, SL6 4YR	Call 07923 494744
	Social Seniors & Carers Cafe	2-4pm Every Weds	St Mark's Methodist Church, St Mark's Cres, M'head, SL6 5BQ	£5 per attendee. Call 01628 200068
	Royal Reminiscence	10.30am-12.30pm 28th Jan	Windsor Castle, SL4 2NJ	Booking essential - 07467 147467
	Wellbeing Wednesday	12-2pm 28th Jan	Datchet Baptist Church, 62 London Rd, Datchet, SL3 9JR	Email office@datchetbaptist.org.uk
	Dementia Cafe	10.30am-12pm 28th Jan	Mountbatten Grange, Helston Lane, Windsor, SL4 5GG	Call 01753 336350 for info
	Mindful Mile - accessible walk	10am 28th Jan	Royal Ascot Golf Club, Winkfield Road, Ascot, SL5 7LJ	Free. Refreshments provided. Dogs welcome. Call 01344 621575

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THU	Drop-in Dementia Group for carers and their cared for people with Optalis	10.30-11.30am 8th Jan	Boyn Grove Library, Courthouse Road, Maidenhead, SL6 6JE	Free to join More info: 01628 683715
	Thursday Tea n' Talk	11am-12pm 2nd Thurs/mo	The Jolly Gardener, Moneyrow Cottage, Moneyrow Green, Holyport, SL6 2NN	01628 965389. Free to join
	Lunch Club	12.45-2.15pm Every Thurs	Wraysbury Village Hall, The Green, Wraysbury, TW19 5NA	£7.50 per head. Transport to club can be arranged or meal delivered to you. Call 01784 482515
	Talkin' Tables - join us for a chat	10.30-11.30am Every Thursday (not 1 Jan)	Shopmobility Office, 41 Broadway Mall, The Nicholsons Centre, Maidenhead, SL6 1LL	Free to join. Call 07514 771536 for more info
	Memories and Moves Meet Up: Gentle seated exercise and reminiscence	10.30-11.30am 22nd Jan	Boyn Grove Library, 11 Courthouse Lane, Maidenhead, SL6 6JE	01628 683715. Free. Light refreshments served.
	Natter and Chatter - relaxed coffee group for older people, carers and family	2-3pm 22nd Jan	Woody's Cafe, Clewer Memorial Park, Dedworth Road, Windsor, SL4 5AY	01753 856466, free to join
	Coffee Morning with East Berkshire MS Group	10.30am-12pm Every Thurs, not 1 Jan	Braywick Plant Nurseries, 41 Braywick Road, Maidenhead, SL6 1DX	Call 07703 484204 or email dominic.manley@groups.mssociety.org.uk
FRI	Stroke Club Support club for people who have had a stroke	10am-12pm 2nd & 16th Jan	Cox Green Community Centre, 51 Highfield Lane, Maidenhead, SL6 3AX	Call 07872 144350. Small annual subscription required
	Coffee Morning - a relaxed morning of coffee, conversation & connection	10am-12pm Every Fri	Colnbrook and Poyle United Church, High Street, Colnbrook, SL3 0JZ	Call 01628 314303
	Coffee Morning with East Berkshire MS Group	10am-12pm 16th Jan	The Harvester, 250 Maidenhead Road, Clewer, SL4 5HQ	Call 07395 456993 or email geoffrey.knight@groups.mssociety.org.uk
SAT	Free Exercise Sessions	11am-12pm 10th Jan	St Mark's Hospital, 112 St Mark's Road, Maidenhead, SL6 6DU	Call 07395 465993 or email geoffrey.knight@groups.mssociety.org.uk
SUN	Teatime for the Soul followed by afternoon tea	3-4pm 4th Jan	Windsor Methodist Church, Alma Road, Windsor, SL4 3HH	Call 07535 511421 for more info
	Teatime for the Soul followed by afternoon tea	3-4pm 18th Jan	Cookham Methodist Church, 1 Lower Road, Cookham, SL6 9HJ	Call 07535 511421 for more info